

MIDDLEBROUGH AND REDCAR AND CLEVELAND
STOP SMOKING SERVICE TRAINING

2018 to 2019

The following training courses are available to health & community based staff who are interested in delivering smoke free advice and support for people in the Middlesbrough, Redcar & Cleveland areas. Registration via Eventbrite.co.uk. Failure to attend or cancel within 48hrs will result in a £25 charge.

STOP SMOKING INTERMEDIATE ADVISOR TRAINING (Level 2 & 3)

This course & follow up support will enable participants to deliver, level 2 & 3 stop smoking services, including support for pregnant women & young people. The sessions include supporting clients to quit smoking tobacco through the delivery of a 12 week programme, including assessment, access to appropriate stop smoking medication & on going behavioural support.

Prior to attending the session, delegates are requested to complete the NCSCT intermediate advisor training.

On completion of this session all delegates must attend a shadowing sessions within 6 weeks and complete competency training in practice. In order to deliver stop smoking support in the community.

Monday 21 May 2018 Book tickets	9.00am to 4.00pm	Live Well Centre, Dundas Arcade, Middlesbrough
Thursday 20 September 2018 Book tickets	9.00am to 4.00pm	Inspire 2 Learn, Normanby, Middlesbrough
Thursday 22 November 2018 Book tickets	9.00am to 4.00pm	Live Well Centre, Dundas Arcade, Middlesbrough
Thursday 7 February 2019 Book tickets	9.00am to 4.00pm	Inspire 2 Learn, Normanby, Middlesbrough

STOP SMOKING SERVICE ANNUAL REFRESHER TRAINING FOR ADVISORS

Annual mandatory refresher training for all intermediate stop smoking advisors to maintain knowledge & skills and keep updated with current guidance and products

Tuesday 22 May 2018 Book tickets	2.00pm to 5.00pm	Inspire 2 Learn, Normanby, Middlesbrough
Thursday 13 September 2018 Book tickets	1.00pm to 4.00pm	Live Well Centre, Dundas Arcade, Middlesbrough
Thursday 15 November 2018 Book tickets	1.00pm to 4.00pm	Inspire 2 Learn, Normanby, Middlesbrough
Wednesday 5 December 2018 Book tickets	1.00pm to 4.00pm	Inspire 2 Learn, Normanby, Middlesbrough
Monday 4 March 2019 Book tickets	1.00pm to 4.00pm	Live Well Centre, Dundas Arcade, Middlesbrough

SMOKING IN PREGNANCY & SMOKEFREE FAMILIES TRAINING

This training is suitable for frontline staff who are working with pregnant women and families, who can act as champions to cascade and deliver this valuable information about the risks of smoking in pregnancy and the dangers of second hand smoke to their teams and the public.

Wednesday 4 July 2018 Book tickets	2pm to 4pm	Inspire 2 Learn, Normanby, Middlesbrough
Thursday 11 October 2018 Book tickets	2pm to 4pm	Live Well Centre, Dundas Arcade, Middlesbrough
Thursday 17 January 2019 Book tickets	2pm to 4pm	Live Well Centre, Dundas Arcade, Middlesbrough